

Equity in Grief

and Living Well Festival 2026

A day of conversation, creativity,
remembrance, healing and hope.

Saturday
5th Sep
10am - 6pm

**FREE TO
ATTEND**

Come as you are. Stay as long as you need. Leave feeling inspired.



Speakers • Music • Poetry • Storytelling • Art • Community • Wellness

 **Marie Curie, 8 Viaduct Gardens,
Vauxhall, London, SW11 7BW**

Join us for an inspiring day
celebrating community,
collective healing and living well.

Festival Finale

Joy Has Found Us

3.30pm to 6.00pm

World Heart Beat Music Academy
Nine Elms, London

Through conversation,
storytelling, music, poetry and
creative experiences, we'll explore
more equitable approaches
to grief, bereavement and
wellbeing.

Together, we'll share experiences
of loss, create space for
conversations about planning
ahead and end-of-life wishes,
and support each other to live
well until the end of life.



A short walk from Marie Curie's
headquarters.



Nearest Tube: Vauxhall



Festival Highlights

What to expect

Featured Conversations

Grief: Where We Live, Learn, Work, Heal and Belong

An exploration of how grief is experienced differently across healthcare, workplaces, communities and the justice system, and what equitable support could look like.

Mourning the Living: The Grief That Is Unspoken

A powerful discussion exploring overlooked forms of grief, including estrangement, dementia, family separation, migration and identity.

In Conversation

Danielle Bridge (BMMUK) with Professor Martin Griffiths CBE

Exploring leadership, community and lived experience.

Wellness & Creative Experiences

Throughout the day, attendees can enjoy:

- Poetry and live music
- Storytelling and reflection spaces
- Origami and creative activities
- Art exhibition
- Hand and arm massage
- Community stalls
- Memorial and remembrance activities
- Plants as tributes
- Theatre improvisation

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Nine Elms

Closing the day with music, poetry, participation and celebration
Featuring audience contributions, creative performances including Davina Songbird and Rasta Mouse.



**Book your free
place today**

Talking about tomorrow, today

Grief, loss and living well are deeply connected. The festival creates safe spaces to explore not only bereavement and remembrance, but also conversations about planning ahead, making wishes known, and supporting those we care about.